SPEEDY TEA
Nutrition and Ingredients

	Calories	Calories from Fat (g)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Poly unsat Fat (g)	Mono unsat Fat (g)	Cholesterol (mg)	Sodium (mg)	Potassium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Added Sugars (g)	Protein (g)	Vitamin D (mg)	Calcium (mg)	Iron (mg)	Potassium (mg)
Speedy Tea - 22 oz																			
Unsweetened Tea	5								20	240	2							0%	5%
Sweet Tea	110								20	70	26		25				2%		1%
Speedy Tea - 30 oz																			
Unsweetened Tea	10								30	350	3							0%	7%
Sweet Tea	160								30	100	37		36				2%		2%
Speedy Tea - 44 oz																			
Unsweetened Tea	15								40	480	4							0%	9%
Sweet Tea	220								40	135	51		50				2%	0%	3%
Speedy Tea - 52 oz																			
Unsweetened Tea	15								45	570	5							0%	12%
Sweet Tea	260								50	160	60		59				2%	0%	3%

Speedy Tea, Sweetened	WATER, BLACK TEA, HIGH FRUCTOSE CORN SYRUP, FILTERED WATER, SUCRALOSE, ACESULFAME POTASSIUM, POTASSIUM SORBATE, SODIUM BENZOATE, PHOSPHORIC ACID, NATURAL FLAVOR
Speedy Tea, unsweetened	WATER, BLACK TEA

2,000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information available upon request. Item or flavor selection my vary by store.