

**Speedway LLC
Nutritional Values
Speedy Freeze**



	Calories	Calories from Fat (g)	Total Fat (g)	Saturate Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Potassium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)	Vitamin A %DV	Vitamin C %DV	Calcium %DV	Iron %DV
Speedy Freeze - 22 oz.																
Ale 8	220								55	55	55					
Bubble Gum	150								15	38		37				
Coke	180								20	49		49				
Dr. Pepper	180								45	51		49				
Extreme Strawberry	150								15	38		37				
Fanta Blue Raspberry	320								40	85		85				
Fanta Cherry	180								85	48		48				
Fanta Mango	290								120	80		80				
Fanta Orange	330								15	89		89				
Fanta White Cherry	170								85	47		46				
Green Apple	170								85	47		46				
Jolly Rancher Grape	330								20	82		79				
Lite Mango	120								10	29		29				
Mountain Dew	160								55	44		44				
Mountain Dew Game Fuel	190								55	50		47				
Pepsi	160								30	41		41				
Pepsi Blue Raspberry	260								120	66		66				
Pepsi Cherry	160								55	44		44				
Pepsi Orange Creme	160								40	47		47				
Pina Colada	180								85	48		48				
Sprite	160								40	44		44				
Sugar-free Mango	35								10	10						
Watermelon	150								15	38		37				
Watermelon Lemonade	190								55	50		47				
Wildberry Lemonade	150								15	40		38				
Speedy Freeze - 30 oz.																
Ale 8	300								75	75	75					
Bubble Gum	210								20	52		50				
Coke	240								25	67		67				
Dr. Pepper	250								65	70		68				
Extreme Strawberry	210								20	52		50				
Fanta Blue Raspberry	440								55	115		115				
Fanta Cherry	240								120	65		65				
Fanta Mango	400								160	108		108				
Fanta Orange	450								20	122		122				
Fanta White Cherry	230								115	63		63				
Green Apple	240								115	64		63				
Jolly Rancher Grape	450								25	112		108				
Lite Mango	160								15	40		40				
Mountain Dew	220								75	60		60				
Mountain Dew Game Fuel	260								75	68		64				
Pepsi	220								40	56		56				
Pepsi Blue Raspberry	350								160	90		90				
Pepsi Cherry	220								75	60		60				
Pepsi Orange Creme	220								55	64		64				
Pina Colada	240								115	66		65				
Sprite	220								55	59		59				
Sugar-free Mango	50								15	14						
Watermelon	210								20	52		50				
Watermelon Lemonade	260								75	68		64				
Wildberry Lemonade	210								20	54		52				



	Calories	Calories from Fat (g)	Total Fat (g)	Saturate Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Potassium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)	Vitamin A %DV	Vitamin C %DV	Calcium %DV	Iron %DV
Speedy Freeze - 40 oz.																
Ale 8	400								100	100	100					
Bubble Gum	280								30	70		67				
Coke	320								35	89		89				
Dr. Pepper	330								85	93		90				
Extreme Strawberry	280								30	70		67				
Fanta Blue Raspberry	590								75	154		154				
Fanta Cherry	320								160	87		86				
Fanta Mango	530								220	145		145				
Fanta Orange	600								30	163		163				
Fanta White Cherry	310								150	85		84				
Green Apple	310								150	86		84				
Jolly Rancher Grape	600								35	150		143				
Lite Mango	220								20	53		53				
Mountain Dew	300								100	80		80				
Mountain Dew Game Fuel	350								100	90		85				
Pepsi	300								50	75		75				
Pepsi Blue Raspberry	470								220	120		120				
Pepsi Cherry	300								100	80		80				
Pepsi Orange Creme	300								75	85		85				
Pina Colada	320								150	88		87				
Sprite	300								75	79		79				
Sugar-free Mango	70								20	19						
Watermelon	280								30	70		67				
Watermelon Lemonade	350								100	90		85				
Wildberry Lemonade	280								30	72		70				
Speedy Freeze - 52 oz.																
Ale 8	520								130	130	130					
Bubble Gum	360								40	90		87				
Coke	420								45	115		115				
Dr. Pepper	430								110	121		117				
Extreme Strawberry	360								40	90		87				
Fanta Blue Raspberry	760								95	200		200				
Fanta Cherry	420								200	113		112				
Fanta Mango	690								280	188		188				
Fanta Orange	780								40	212		212				
Fanta White Cherry	410								200	110		109				
Green Apple	410								200	111		109				
Jolly Rancher Grape	780								45	195		186				
Lite Mango	280								25	69		69				
Mountain Dew	390								130	104		104				
Mountain Dew Game Fuel	460								130	117		110				
Pepsi	390								65	98		98				
Pepsi Blue Raspberry	610								280	156		156				
Pepsi Cherry	390								130	104		104				
Pepsi Orange Creme	390								100	110		110				
Pina Colada	420								200	114		113				
Sprite	390								100	103		103				
Sugar-free Mango	90								25	25						
Watermelon	360								40	90		87				
Watermelon Lemonade	460								130	117		110				
Wildberry Lemonade	360								40	93		90				

Cherry Limeade	HIGH FRUCTOSE CORN SYRUP, CITRIC ACID, MALIC ACID, YUCCA EXTRACT, NATURAL AND ARTIFICIAL FLAVORS, QUILLAIA EXTRACT, ASCORBIC ACID, SODIUM BENZOATE (PRESERVATIVE), POTASSIUM SORBATE (PRESERVATIVE), SODIUM METABISULFITE, FD&C YELLOW #5, FD&C BLUE #1.
Extreme Strawberry	HIGH FRUCTOSE CORN SYRUP, FILTERED WATER, MALIC ACID, NATURAL AND ARTIFICIAL FLAVOR, YUCCA AND QUILLAIA EXTRACTS, FD&C RED #40, PRESERVATIVES (SODIUM BENZOATE, POTASSIUM SORBATE)
Blue Raspberry	HIGH FRUCTOSE CORN SYRUP, FILTERED WATER, CITRIC ACID, MALIC ACID, YUCCA EXTRACT, NATURAL AND ARTIFICIAL FLAVORS, QUILLAIA EXTRACT, SODIUM BENZOATE, POTASSIUM SORBATE, FD&C BLUE #1.
Wildberry Lemonade	HIGH FRUCTOSE CORN SYRUP, FILTERED WATER, CITRIC ACID, YUCCA EXTRACT, MALIC ACID, NATURAL AND ARTIFICIAL FLAVORS, QUILLAIA EXTRACT, ASCORBIC ACID, SODIUM BENZOATE (PRESERVATIVE), POTASSIUM SORBATE (PRESERVATIVE), FD&C RED #40
Coke	COCA-COLA CLASSIC SYRUP (HIGH FRUCTOSE CORN SYRUP, WATER, CARAMEL COLOR, PHOSPHORIC ACID, NATURAL FLAVORS, CAFFEINE), QUILLAIA EXTRACT, YUCCA EXTRACT.
Mountain Dew	TREATED WATER, HIGH FRUCTOSE CORN SYRUP, ORANGE JUICE FROM CONCENTRATE, NATURAL FLAVORS, CITRIC ACID, QUILLAIA EXTRACT, SODIUM BENZOATE (TO PROTECT FRESHNESS, CAFFEINE, SODIUM CITRATE, YUCCA EXTRACT, ERYTHORBIC ACID, CALSIUM DISODIUM EDTA (TO PROTECT FLAVOR), YELLOW FD&C #5, GUM ARABIC, BROMINATED VEGETABLE OIL.
Cherry	HIGH FRUCTOSE CORN SYRUP, FILTERED WATER, CITRIC ACID, YUCCA EXTRACT, NATURAL AND ARTIFICIAL FLAVORS, QUILLAIA EXTRACT, ASCORBIC ACID, SODIUM BENZOATE (PRESERVATIVE), POTASSIUM SORBATE (PRESERVATIVE), FD&C RED #6, FD&C #40
Orange Cream	HIGH FRUCTOSE CORN SYRUP FILTERED WATER, CITRIC ACID, YUCCA EXTRACT, PURITY GUM, NATURAL AND ARTIFICIAL FLAVORS, QUILLAIA EXTRACT, ASCORBIC ACID, POTASSIUM SORBATE (PRESERVATIVE), SODIUM BENZOATE (PRESERVATIVE), FD&C YELLOW #6, PROPYLENE GLYCOL, XANTHUM GUM, SODIUM PROPIONATE, FD&C RED #40
Watermelon	HIGH FRUCTOSE CORN SYRUP, FILTERED WATER, MALIC ACID, NATURAL AND ARTIFICIAL FLAVORS, YUCCA EXTRACT, QUILLAIA EXTRACT, SODIUM BENZOATE (PRESERVATIVE), POTASSIUM SORBATE (PRESERVATIVE),,, FD&C #40
Bubble Gum	HIGH FRUCTOSE CORN SYRUP, FILTERED WATER, CLOUD [FILTERED WATER, STARCH SODIUM OCTENYLSUCCINATE, TITANIUM DIOXIDE, PROPYLENE GLYCOL, ANTIFOAM (SILICONE DIOXIDE), XANTHAN GUM, SODIUM BENZOATE, CITRIC ACID], NATURAL AND ARTIFICIAL FLAVOR, YUCCA EXTRACT, SODIUM ACID SULFATE, QUILLAIA EXTRACT, SODIUM BENZOATE, POTASSIUM SORBATE, FD&C RED #40.
Mountain Dew Pitch Black	HIGH FRUCTOSE CORN SYRUP, WATER, NATURAL FLAVOR, CITRIC ACID, QUILLAIA EXTRACT, CAFFEINE, SODIUM BENZOATE (PRESERVES FRESHNESS), YUCCA MOHAVE EXTRACT, GUM ARABIC, SODIUM CITRATE, RED 40, CALCIUM DISODIUM EDTA (TO PROTECT FLAVOR), BLUE 1, SUCROSE ACETATE ISOBUTYRATE.
Pepsi	TREATED WATER, HIGH FRUCTOSE CORN SYRUP, CARAMEL COLOR, SUGAR, PHOSPHORIC ACID, QUILLAIA EXTRACT, CAFFEINE, YUCCA EXTRACT, CITRIC ACID AND NATURAL FLAVORS
Lite Mango	HIGH FRUCTOSE CORN SYRUP, FILTERED WATER, CITRIC ACID, NATURAL AND ARTIFICIAL FLAVORS, YUCCA EXTRACT, QUILLAIA EXTRACT, ASCORBIC ACID, ACESULFAME POTASSIUM, SODIUM BENZOATE, POTASSIUM SORBATE, FD&C YELLOW #5, SUCRALOSE, FD&C YELLOW #6
Sugar Free Mango	FILTERED WATER, GLYCERINE, SORBITOL, CITRIC ACID, MALIC ACID, NATURAL FLAVORS, NATURAL AND ARTIFICIAL FLAVORS, YUCCA EXTRACT, EDTA (TO PROTECT FLAVOR), QUILLAIA EXTRACT, REBIANA, SODIUM BENZOATE (PRESERVATIVE), POTASSIUM SORBATE (PRESERVATIVE), FD&C YELLOW #5, ERYTHRITOL, SUCRALOSE, FD&C YELLOW #6
Mountain Dew Game Fuel Berry Lime	CARBONATED WATER, HIGH FRUCTOSE CORN SYRUP, CITRIC ACID, NATURAL FLAVOR, QUILLAIA EXTRACT, CAFFEINE, YUCCA MOHAVE EXTRACT, SODIUM BENZOATE (PRESERVES FRESHNESS), GUM ARABIC, SODIUM CITRATE, POTASSIUM SORBATE (PRESERVES FRESHNESS), BLUE 1, CALCIUM DISODIUM EDTA (TO PROTECT FLAVOR), SUCROSE ACETATE ISOBUTYRATE, YELLOW 5, RED 40, YELLOW 6
Sprite	HIGH FRUCTOSE CORN SYRUP, WATER, CITRIC ACID, NATURAL FLAVORS, YUCCA EXTRACT, QUILLAIA EXTRACT, SODIUM CITRATE, SODIUM BENZOATE (TO PROTECT TASTE).
Watermelon Lemonade Freeze	CARBONATED WATER, HIGH FRUCTOSE CORN SYRUP, CITRIC ACID, NATURAL AND ARTIFICIAL FLAVOR, CLARIFIED LEMON JUICE CONCENTRATE, QUILLAIA EXTRACT, GUM ARABIC, SODIUM BENZOATE (PRESERVES FRESHNESS), YUCCA MOHAVE EXTRACT, SODIUM CITRATE, GLYCEROL ESTER OF ROSIN, CALCIUM DISODIUM EDTA (TO PROTECT FLAVOR), RED 40. CONTAINS: NO ALLERGENS
Jolly Rancher Grape Slush	WATER, HIGH FRUCTOSE CORN SYRUP, FILTERED WATER, MALIC ACID, ARTIFICIAL FLAVORS, FD&C RED #40, SODIUM BENZOATE, POTASSIUM SORBATE, FD&C BLUE #1. CONTAINS: NO ALLERGENS