


Speedway LLC
Lunch Menu
Nutritional Values and Ingredients

			Calories	Calories from Fat (g)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Poly unsaturated Fat (g)	Mono Unsaturated Fat (g)	Cholesterol (mg)	Sodium (mg)	Potassium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)	Vitamin A %DV	Vitamin C %DV	Calcium %DV	Iron %DV
Hot Lunch Sandwiches & Burritos																				
Chicken, Rice and Queso Burrito			460	130	15	7	0			45	1400		61	3	5	20	20	25	20	25
Bacon Cheeseburger			490	210	24	10	0.5	1.5	6	55	1080	330	44		6	23	4%	10%	10%	15%
Boneless BBQ Rib Hoagie			480	240	27	8	0	1	0	50	1380	10	44	1	5	17	10%	6%	15%	10%
Chicken Tenders - 3 pcs.			340	160	19	3.5	0	9	5	50	920		21			22	0%	0%	2%	8%
Cheeseburger			430	170	20	8	0.5	1.5	6	45	890	330	44		6	20	4%	4%	10%	15%
Spicy Pepperjack Chicken Hoagie			390	130	14	4.5	0	4.5	3.5	35	1450	330	48	2	4	20	10%	2%	50%	15%
Grilled Wraps - Select Stores																				
Chicken Cheddar Bacon Ranch			400	170	20	8	0	5.0	2.0	40	1020	150	35	2	3	18				
Buffalo Chicken			370	160	18	7	0	4.0	1.5	35	1340	110	35	2	3	16				
Chipotle Chicken			380	150	17	7	0	4.5	2.0	35	1060	200	41	3	6	17				
BBQ Chicken			370	130	15	7	0	2.0	1.0	40	1060	150	40	2	8	18				
Paninis - Select Stores																				
Bacon Burger			780	480	54	17	1.5	16	14	40	1250	330	42	2	2	33				
Grilled Chicken			610	300	35	7	0.5	16	7	40	900	85	47	2	4	23				
Turkey			510	270	31	6	0.5	16	7	20	890	85	42	1	2	13				
Italian			590	340	38	9	0.5	17	10	30	1110	150	43	2	3	14				
Sides/Snacks - Select Stores																				
12 pc Speedy Spuds - plain																				
12 pc Speedy Spuds - cheese																				
12 pc Speedy Spuds - cheese & bacon																				
Pizza																				
Pepperoni by the slice			430	170	19	8	0			35	940		48	2	5	16	8%	10%	10%	15%
Pepperoni whole			2560	1000	113	49	1.5			200	5620		288	14	29	95			70%	90%
Cheese by the slice			360	120	14	8				35	650	75	45	2	3	18	8%	10%	20%	8%
Cheese whole			2190	720	82	45				200	3920	440	272	9	18	109	50%	60%	130%	50%
Breakfast by the slice			420	170	19	8	0	3.5	6	35	930	210	46	2	5	16	10%	4%	10%	15%
Breakfast whole			2510	1010	114	50	1.5	20	38	210	5610	1250	273	14	28	95	70%	25%	70%	90%
Sausage by the slice			420	160	18	8	0			30	830		48	3	5	16			10%	15%
Sausage			2490	930	105	45	1.5			190	5000		290	15	29	96			70%	90%
Speedy Kitchen 7" Bacon Breakfast		whole	790	310	35	16	0.5	4.0	4.0	300	2150	310	80	3	6	40	30%	8%	35%	35%
Speedy Kitchen 7" Meatless Breakfast		whole	700	250	28	13	0.5	4.0	4.0	250	1630	200	80	3	6	32	30%	8%	35%	35%
Speedy Kitchen 7" Mega Meat Breakfast		whole	810	320	37	16	0.5	4.0	4.0	290	2160	460	81	3	7	41	30%	8%	35%	40%
Speedy Kitchen 7" Cheese Pizza		whole	580	160	18	10	0	2.5	1.5	45	1200	110	79	4	7	23	20%	15%	30%	30%
Speedy Kitchen 7" Pepperoni Pizza		whole	650	220	25	13	0	2.5	1.5	60	1440	110	79	4	7	26	20%	15%	30%	35%
Speedy Kitchen 7" Supreme Pizza		whole	720	270	30	14	0	2.5	1.5	75	1690	210	82	5	8	29	25%	35%	30%	35%
Speedy Kitchen 7" Mega Meat Pizza		whole	790	320	36	17	0	2.5	2.0	120	2110	410	80	4	7	37	20%	15%	30%	35%
Speedy Kitchen 14" Cheese Pizza		whole	2130	660	74	38	1.5	9	7	180	4740	390	281	14	25	86	90%	50%	110%	110%
Speedy Kitchen 14" Pepperoni Pizza		whole	2430	900	102	51	1.5	9	7	255	5740	390	281	14	25	97	90%	50%	110%	120%
Speedy Kitchen 14" Supreme Pizza		whole	2680	1060	120	57	1.5	9	7	295	6590	730	291	18	29	107	10%	15%	15%	15%
Speedy Kitchen 14" Mega Meat Pizza		whole	2870	1190	134	63	1.5	10	8	410	7670	1400	284	15	26	129	90%	60%	110%	130%
In Store Made Deli Sandwiches & Subs																				
Zesty Italian, Sub 6"			470	240	28	12	0	0	1.5	60	1440	160	35		3	21	45%	10%	25%	15%
Italian Sub 6"			430	200	23	10	0	0	2	60	1460	230	35		3	22	45%	10%	25%	15%
Turkey and Cheddar Sub 6"			320	100	12	5			0	45	1140	135	34		2	20	45%	10%	25%	15%
3 Meat Club Sub 6"			380	140	16	7		0	0.5	55	1350	220	34		3	24	45%	10%	25%	15%
Double Turkey Select Wedge			460	170	19	9		1	0	90	1770	125	38	2	5	35	50%	8%	40%	15%
Chicken Salad Select Wedge			460	210	23	4		1	0	40	690	70	46	3	9	16	2%	4%	10%	10%
In Store Made Deli Wraps																				
Double Ham Wrap			490	160	19	10		3	2.5	70	2100	470	49	3	6	31	90%	20%	35%	25%
Buffalo Chicken Wrap			520	200	22	10	0	5	3	55	1300	310	52	3	4	24	90%	25%	40%	25%
Chicken Caesar Wrap (no dressing)			510	200	23	9		3	1	40	1300	120	53	3	2	22	90%	20%	35%	20%
Turkey, Bacon Club Wrap (no dressing)			470	180	21	9	0	3	2.5	55	1560	160	46	3	3	24	90%	20%	30%	20%
Sauces																				

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Honey Mustard		35	25	2.5	0		1.5	.5		65	0	3		4		0			
BBQ		15								105	30	4		4		0			

Speedway LLC
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Chicken, Rice & Queso Burrito

CHICKEN AND RICE BURRITO FILLING (WATER, COOKED SEASONED CHICKEN WHITE MEAT WITH JUICES [CHICKEN WHITE MEAT, WATER, SALT, SODIUM PHOSPHATE], PARBOILED LONG GRAIN RICE, GREEN BELL PEPPERS, RED BELL PEPPERS, CHEDDAR CHEESE [PASTEURIZED MILK, CHEESE CULTURE, SALT, ENZYMES], TOMATO PASTE, ONIONS GREEN CHILES [WITH CITRIC ACID], CONTAINS 2% OR LESS OF THE FOLLOWING: CREAM SAUCE BASE [COCONUT OIL, CORN SYRUP SOLIDS, CREAM POWDER (SWEET CREAM, NONFAT MILK, SODIUM CASEINATE), SODIUM CASEINATE, MONO AND DIGLYCERIDES, DIPOTASSIUM PHOSPHATE, MODIFIED FOOD STARCH, SUNFLOWER LECITHIN, XANTHAN GUM, TITANIUM DIOXIDE], CHEESE SAUCE BASE [WHEY POWDER, MODIFIED FOOD STARCH, COCONUT OIL, CORN SYRUP SOLIDS, CHEESE SAUCE DRY BLEND (WHEY, CHEDDAR CHEESE [CULTURED MILK, SALT, ENZYMES], REDUCED LACTOSE WHEY, MALTODEXTRIN, CANOLA OIL, SALT, DISODIUM PHOSPHATE, BLUE CHEESE [CULTURED MILK, SALT, ENZYMES], NONFAT DRY MILK, CITRIC ACID, NATURAL AND ARTIFICIAL FLAVORS), SALT, SODIUM CASEINATE, CONTAINS 2% OR LESS OF THE FOLLOWING: CARRAGEENAN, ANNATTO EXTRACT, PAPRIKA EXTRACT, SUNFLOWER LECITHIN, MALTODEXTRIN, WHITE DISTILLED VINEGAR, DIPOTASSIUM PHOSPHATE, MONO AND DIGLYCERIDES, LACTIC ACID, YELLOW #5], MODIFIED FOOD STARCH, TOMATILLOS [WITH CITRIC ACID], JALAPENO PEPPERS [WITH SALT, ACETIC ACID, WATER, CALCIUM CHLORIDE], CHICKEN BASE [COOKED MECHANICALLY SEPARATED CHICKEN, SUGAR, HYDROLYZED WHEAT GLUTEN, SALT, CHICKEN FAT, ONION POWDER, DISODIUM INOSINATE, DISODIUM GUANYLATE, EXTRACTIVE OF TURMERIC, SPICE EXTRACTIVE], CHILI POWDER [CHILI PEPPER, SPICES, SALT, GARLIC POWDER], SPICES, SALT, SOYBEAN OIL, DEHYDRATED GARLIC, SODIUM PHOSPHATES, SUGAR, DEHYDRATED CILANTRO, ONION POWDER, DISODIUM INOSINATE, DISODIUM GUANYLATE, CITRIC ACID, SOY LECITHIN), TORTILLA (ENRICHED BLEACHED WHEAT FLOUR [FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID], WATER, VEGETABLE SHORTENING [INTERESTERIFIED SOYBEAN OIL, FULLY HYDROGENATED SOYBEAN OIL], CONTAINS 2% OR LESS OF THE FOLLOWING: SALT, MONO AND DIGLYCERIDES, DEXTROSE, LEAVENING [SODIUM BICARBONATE, SODIUM ALUMINUM PHOSPHATE, SODIUM ALUMINUM SULFATE], FUMARIC ACID, YEAST, PRESERVATIVES [CALCIUM PROPIONATE, POTASSIUM SORBATE], CORN STARCH, CARBOXYMETHYL CELLULOSE GUM, WHEAT STARCH, XANTHAN GUM, ENZYMES [WHEAT STARCH, MICROCRYSTALLINE CELLULOSE], DOUGH CONDITIONER [SODIUM METABISULFITE]). **CONTAINS: MILK, SOY, COCONUT, WHEAT**

Boneless BBQ Rib Hoagie

BBQ PORK RIB PATTY (PORK, BARBECUE SAUCE [TOMATO PASTE, HIGH FRUCTOSE CORN SYRUP, WATER, CORN SYRUP, DISTILLED VINEGAR, MOLASSES, SALT, MUSTARD BRAN, NATURAL HICKORY SMOKE FLAVOR, SPICES, ONION POWDER, GARLIC POWDER, SODIUM BENZOATE, CARAMEL COLOR, SUGAR, NATURAL FLAVOR], WATER, SEASONING [TOMATO POWDER (DEHYDRATED TOMATO), DEXTROSE, BROWN SUGAR, ARTIFICIAL VINEGAR (MALIC ACID, SODIUM ACETATES, LACTOSE, FUMARIC ACID, ARTIFICIAL FLAVORINGS) POWDERED WORCESTERSHIRE SAUCE (CORN SYRUP SOLIDS, SALT, GARLIC POWDER, SUGAR, SPICES, SOY SAUCE SOLIDS [WHEAT, SOYBEANS, SALT, MALTODEXTRINE, CARAMEL COLOR], TAMARIND, NATURAL FLAVOR), SPICES, SPICE EXTRACTIVE, ONION POWDER, NATURAL SMOKE FLAVOR, GARLIC POWDER], TEXTURED VEGETABLE PROTEIN PRODUCT [SOY PROTEIN CONCENTRATE, CARAMEL COLOR, ZINC OXIDE, NIACINAMIDE, FERROUS SULFATE, COPPER GLUCONATE, VITAMIN A PALMITATE, CALCIUM PANTOTHENATE, THIAMINE MONONITRATE, PYRIDOXINE HYDROCHLORIDE, RIBOFLAVIN, CYANOCOBALAMIN], SALT, SODIUM PHOSPHATES), HOAGIE BUN (WHEAT FLOUR, WATER, SUGAR, SOYBEAN OIL, CONTAINS 2% OR LESS OF THE FOLLOWING: YEAST, SALT, WHEAT GLUTEN, PARTIALLY HYDROGENATED SOYBEAN AND/OR COTTONSEED OIL, ACETIC ACID, LACTIC ACID, MALTED BARLEY FLOUR, CALCIUM PROPIONATE [PRESERVATIVE], DOUGH CONDITIONERS [L-CYSTEINE, ASCORBIC ACID, CALCIUM PEROXIDE], CALCIUM SULFATE, WHEAT STARCH), PICKLE SLICES (CUCUMBERS, WATER, VINEGAR, SALT, CALCIUM CHLORIDE, LACTIC ACID, NATURAL FLAVORINGS, SODIUM BENZOATE, TURMERIC). **CONTAINS: MILK, SOY, WHEAT**

Spicy Pepperjack Chicken

SPICY BREADED CHICKEN PATTY (CHICKEN BREAST WITH RIB MEAT, WATER, SOY PROTEIN CONCENTRATE, TRICALCIUM PHOSPHATE, SALT, SODIUM PHOSPHATE, SUGAR, SODIUM TRIPOLYPHOSPHATE, NATURAL FLAVORS, VINEGAR POWDER [MALTODEXTRIN, MODIFIED FOOD STARCH, DRIED VINEGAR], YEAST EXTRACT, TORULA YEAST, SPICES, FLAVOR [HYDROLYZED SOY PROTEIN, YEAST EXTRACT, NATURAL FLAVOR, HYDROLYZED CORN PROTEIN, CHICKEN FAT, MALTODEXTRIN, SILICON DIOXIDE], PAPRIKA, BREADED AND BATTERED WITH: BLEACHED WHEAT FLOUR, WATER, WHEAT FLOUR, MODIFIED CORN STARCH, YELLOW CORN FLOUR, SALT, BUTTERMILK POWDER, SPICES, NATURAL FLAVORS, DEXTROSE, EXTRACTIVES OF PAPRIKA, GUAR GUM, SET IN VEGETABLE OIL), HOAGIE BUN (WHEAT FLOUR, WATER, SUGAR, SOYBEAN OIL, CONTAINS 2% OR LESS OF THE FOLLOWING: YEAST, SALT, WHEAT GLUTEN, PARTIALLY HYDROGENATED SOYBEAN AND/OR COTTONSEED OIL, ACETIC ACID, LACTIC ACID, MALTED BARLEY FLOUR, CALCIUM PROPIONATE [PRESERVATIVE], DOUGH CONDITIONERS [L-CYSTEINE, ASCORBIC ACID, CALCIUM PEROXIDE], CALCIUM SULFATE, WHEAT STARCH), PICKLE SLICES (CUCUMBERS, WATER, VINEGAR, SALT, CALCIUM CHLORIDE, LACTIC ACID, NATURAL FLAVORINGS, SODIUM BENZOATE, TURMERIC). MONTEREY JACK CHEESE WITH JALAPENO PEPPERS (CULTURED PASTURIZED MILK, JALAPENO PEPPERS, SALT, ENZYMES). **CONTAINS: MILK, SOY, WHEAT**

Breaded Chicken Tenders

PORTIONED CHICKEN BREAST TENDERS WITH RIB MEAT, WHEAT FLOUR, WATER, BLEACHED WHEAT FLOUR, CONTAINS 2% OR LESS OF THE FOLLOWING: DEXTROSE, EXTRACTIVES OF PAPRIKA AND ANNATTO, FOOD STARCH, GARLIC POWDER, MODIFIED FOOD STARCH, NATURAL FLAVORS, SALT, SODIUM PHOSPHATES, SPICES, VINEGAR, WHEAT GLUTEN, XANTHAN GUM. BREADING SET IN VEGETABLE OIL. **CONTAINS: WHEAT**

Cheeseburger

HAMBURGER BUN (WHEAT FLOUR, WATER, SUGAR, CONTAINS 2% OR LESS OF THE FOLLOWING: YEAST, SOYBEAN OIL, SALT, DOUGH CONDITIONERS [MONOGLYCERIDES, DATEM, SODIUM STEAROYL LACTYLATE, MONO & DIGLYCERIDES, ASCORBIC ACID, L-CYSTEINE, AZODICARBONAMIDE], CALCIUM PROPIONATE [PRESERVATIVE], CORN SYRUP SOLIDS, GUAR GUM, YELLOW CORN FLOUR, SPICE OILS [TURMERIC AND ANNATTO], CALCIUM SULFATE, CASEIN, WHEAT BRAN), BEEF PATTY (BEEF, WATER, TEXTURED VEGETABLE PROTEIN [SOY PROTEIN CONCENTRATE, CARAMEL COLOR], SEASONING [HYDROLYZED CORN PROTEIN, DEXTROSE, SALT, ONION POWDER, SPICES], SODIUM PHOSPHATES), AMERICAN CHEESE (CULTURED MILK AND SKIM MILK, CREAM, SODIUM CITRATE, SALT, COLOR ADDED, SODIUM PHOSPHATE, SORBIC ACID [PRESERVATIVE], ENZYME, SOY LECITHIN). **CONTAINS: MILK, SOY, WHEAT**

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Pepperoni Pizza

CRUST: ENRICHED UNBLEACHED WHEAT FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, ASCORBIC ACID, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, SOYBEAN OIL, YEAST, CONTAINS LESS THAN 2% OF THE FOLLOWING: SUGAR, PALM OIL, SALT, GUAR GUM, ARABIC GUM, ENZYME. SAUCE: WATER, TOMATO PASTE, SOYBEAN OIL, MODIFIED FOOD STARCH, SALT, SPICES, GARLIC POWDER, XANTHAN GUM, PAPRIKA, ONION POWDER, PARMESAN CHEESE (PASTEURIZED CULTURED PART-SKIM MILK, SALT, ENZYMES). WHOLE MILK CHEESE: LOW MOISTURE MOZZARELLA CHEESE (PASTEURIZED MILK, CHEESE CULTURES, SALT, ENZYMES), MODIFIED FOOD STARCH. PEPPERONI (PORK, BEEF, SALT, SPICES, DEXTROSE, LACTIC ACID STARTER CULTURE, OLEORESIN OF PAPRIKA, FLAVORING, SODIUM NITRITE, BHA, BHT, CITRIC ACID). **CONTAINS: MILK, SOY, WHEAT**

Sausage Pizza

CRUST: ENRICHED UNBLEACHED WHEAT FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, ASCORBIC ACID, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, SOYBEAN OIL, YEAST, CONTAINS LESS THAN 2% OF THE FOLLOWING: SUGAR, PALM OIL, SALT, GUAR GUM, ARABIC GUM, ENZYME. SAUCE: WATER, TOMATO PASTE, SOYBEAN OIL, MODIFIED FOOD STARCH, SALT, SPICES, GARLIC POWDER, XANTHAN GUM, PAPRIKA, ONION POWDER, PARMESAN CHEESE (PASTEURIZED CULTURED PART-SKIM MILK, SALT, ENZYMES). WHOLE MILK CHEESE: LOW MOISTURE MOZZARELLA CHEESE (PASTEURIZED MILK, CHEESE CULTURES, SALT, ENZYMES), MODIFIED FOOD STARCH. COOKED ITALIAN SAUSAGE: PORK, SPICES AND FLAVORINGS, WATER, SALT, SUGAR, SODIUM PHOSPHATES, PAPRIKA, CARAMEL COLOR. **CONTAINS: MILK, SOY, WHEAT**

Chicken Salad Wedge

CHICKEN SALAD (CHICKEN [CHICKEN WHITE MEAT, WATER, POTASSIUM LACTATE, SODIUM TRIPOLYPHOSPHATE, SALT], MAYONNAISE [SOYBEAN OIL, EGG YOLKS (EGG YOLKS, SALT), HIGH FRUCTOSE CORN SYRUP, DISTILLED VINEGAR, MUSTARD (DISTILLED VINEGAR, MUSTARD SEED, SALT, SPICES), WATER, SALT], CELERY, CRACKER MEAL [BLEACHED WHEAT FLOUR], TEXTURED WHEAT PROTEIN [WHEAT GLUTEN, WHEAT FLOUR], ONIONS, APPLE WINE VINEGAR WITH HONEY, SUGAR, HIGH FRUCTOSE CORN SYRUP, DISTILLED VINEGAR, SALT, SPICES, GULCONO DELTA LACTONE, GRANULATED GARLIC, SODIUM DIACETATE, DRIED TORULA YEAST), WHEATBERRY BREAD (WHEAT FLOUR, WATER, CORN SYRUP, WHOLE WHEAT, WHEAT BRAN, OATMEAL, RYE MEAL, BARLEY FLAKES, WHEAT GLUTEN, HONEY, YEAST, CONTAINS 2% OR LESS OF THE FOLLOWING: SOYBEAN OIL, MOLASSES, SALT, INVERT SUGAR, WHEAT STARCH, DOUGH CONDITIONERS [MONO AND DIGLYCERIDES, ETHOXYLATED MONO AND DIGLYCERIDES, SOY LECITHIN, ASCORBIC ACID, CALCIUM PEROXIDE, AZODICARBONAMIDE], YEAST NUTRIENTS [CALCIUM SULFATE, AMMONIUM CHLORIDE], CORN STARCH, CALCIUM PROPIONATE [PRESERVATIVE]). **CONTAINS: EGG, SOY, WHEAT**

Double Turkey Mega Wedge

TURKEY (TURKEY BREAST, TURKEY BROTH, CONTAINS 2% OR LESS OF THE FOLLOWING: DEXTROSE, SALT, SODIUM PHOSPHATE, BROWNED IN VEGETABLE OIL), WHEATBERRY BREAD (WHEAT FLOUR, WATER, CORN SYRUP, WHOLE WHEAT, WHEAT BRAN, OATMEAL, RYE MEAL, BARLEY FLAKES, WHEAT GLUTEN, HONEY, YEAST, CONTAINS 2% OR LESS OF THE FOLLOWING: SOYBEAN OIL, MOLASSES, SALT, INVERT SUGAR, WHEAT STARCH, DOUGH CONDITIONERS [MONO AND DIGLYCERIDES, ETHOXYLATED MONO AND DIGLYCERIDES, SOY LECITHIN, ASCORBIC ACID, CALCIUM PEROXIDE, AZODICARBONAMIDE], YEAST NUTRIENTS [CALCIUM SULFATE, AMMONIUM CHLORIDE], CORN STARCH, CALCIUM PROPIONATE [PRESERVATIVE]), MILD CHEDDAR CHEESE (PASTEURIZED MILK, CHEESE CULTURE, SALT, ENZYMES, ANNATTO [COLOR]), GREEN LEAF LETTUCE. **CONTAINS: MILK, SOY, WHEAT**

Italian Sub

WHITE SUB BUN (ENRICHED FLOUR [UNBLEACHED UNBROMATED WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID], WATER, YEAST, SUGAR, SOYBEAN OIL, SALT, PALM OIL, DEXTROSE, WHEAT GLUTEN, GUAR GUM, CALCIUM PROPIONATE, CORN FLOUR, WHEY, MONOGLYCERIDES, CALCIUM SULFATE, DIACETYL TARTARIC ACID ESTERS OF MONO AND DIGLYCERIDES, SOY FLOUR, L-CYSTEINE, MONOCALCIUM PHOSPHATE, ENZYMES, POTASSIUM BROMATE, ASCORBIC ACID, MONO AND DIGLYCERIDES, SOY LECITHIN, ENZYMES [WHEAT], SILICON DIOXIDE, WHEAT STARCH, PHOSPHORIC ACID, PROPIONIC ACID), GREEN LEAF LETTUCE, HAM (PORK CURED WITH: WATER, SUGAR, CONTAINS 2% OR LESS OF THE FOLLOWING: SALT, SODIUM LACTATE, SODIUM PHOSPHATE, CARRAGEENAN, SODIUM DIACETATE, SODIUM ERYTHORBATE, SODIUM NITRITE), PROVOLONE CHEESE (PASTEURIZED MILK, CHEESE CULTURE, SALT, ENZYMES, NATURAL SMOKED FLAVOR), SALAMI (PORK, BEEF, SALT, DEXTROSE, LACTIC ACID STARTER CULTURE, SPICES, SODIUM ASCORBATE, GARLIC POWDER, SODIUM NITRITE, BHA, BHT, CITRIC ACID), PEPPERONI (PORK, BEEF, SALT, DEXTROSE, SPICES, LACTIC ACID STARTER CULTURE, OLEORESIN OF PAPRIKA, DEHYDRATED GARLIC, SODIUM NITRITE, BHA, BHT, CITRIC ACID). **CONTAINS: MILK, SOY, WHEAT**

Three Meat Club Sub

WHITE SUB BUN (ENRICHED FLOUR [UNBLEACHED UNBROMATED WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID], WATER, YEAST, SUGAR, SOYBEAN OIL, SALT, PALM OIL, DEXTROSE, WHEAT GLUTEN, GUAR GUM, CALCIUM PROPIONATE, CORN FLOUR, WHEY, MONOGLYCERIDES, CALCIUM SULFATE, DIACETYL TARTARIC ACID ESTERS OF MONO AND DIGLYCERIDES, SOY FLOUR, L-CYSTEINE, MONOCALCIUM PHOSPHATE, ENZYMES, POTASSIUM BROMATE, ASCORBIC ACID, MONO AND DIGLYCERIDES, SOY LECITHIN, ENZYMES [WHEAT], SILICON DIOXIDE, WHEAT STARCH, PHOSPHORIC ACID, PROPIONIC ACID), HAM (PORK CURED WITH: WATER, SUGAR, CONTAINS 2% OR LESS OF THE FOLLOWING: SALT, SODIUM LACTATE, SODIUM PHOSPHATE, CARRAGEENAN, SODIUM DIACETATE, SODIUM ERYTHORBATE, SODIUM NITRITE), GREEN LEAF LETTUCE, TURKEY (TURKEY BREAST, TURKEY BROTH, CONTAINS 2% OR LESS OF THE FOLLOWING: DEXTROSE, SALT, SODIUM PHOSPHATE, BROWNED IN VEGETABLE OIL), MILD CHEDDAR CHEESE (PASTEURIZED MILK, CHEESE CULTURE, SALT, ENZYMES, ANNATTO [COLOR]), APPLEWOOD SMOKED BACON (PORK CURED WITH: WATER, SALT, SUGAR, SODIUM PHOSPHATES, SODIUM ERYTHORBATE, SODIUM NITRITE). **CONTAINS: MILK, SOY, WHEAT**

Turkey and Cheddar Cheese Sub

WHITE SUB BUN (ENRICHED FLOUR [UNBLEACHED UNBROMATED WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID], WATER, YEAST, SUGAR, SOYBEAN OIL, SALT, PALM OIL, DEXTROSE, WHEAT GLUTEN, GUAR GUM, CALCIUM PROPIONATE, CORN FLOUR, WHEY, MONOGLYCERIDES, CALCIUM SULFATE, DIACETYL TARTARIC ACID ESTERS OF MONO AND DIGLYCERIDES, SOY FLOUR, L-CYSTEINE, MONOCALCIUM PHOSPHATE, ENZYMES, POTASSIUM BROMATE, ASCORBIC ACID, MONO AND DIGLYCERIDES, SOY LECITHIN, ENZYMES [WHEAT], SILICON DIOXIDE, WHEAT STARCH, PHOSPHORIC ACID, PROPIONIC ACID), TURKEY (TURKEY BREAST, TURKEY BROTH, CONTAINS 2% OR LESS OF THE FOLLOWING: DEXTROSE, SALT, SODIUM PHOSPHATE, BROWNED IN VEGETABLE OIL), GREEN LEAF LETTUCE, MILD CHEDDAR CHEESE (PASTEURIZED MILK, CHEESE CULTURE, SALT, ENZYMES, ANNATTO [COLOR]). **CONTAINS: MILK, SOY, WHEAT**

Speedway LLC
Lunch Menu
Nutritional Values and Ingredients

Zesty Italian Sub

WHITE SUB BUN (ENRICHED FLOUR [UNBLEACHED UNBROMATED WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID], WATER, YEAST, SUGAR, SOYBEAN OIL, SALT, PALM OIL, DEXTROSE, WHEAT GLUTEN, GUAR GUM, CALCIUM PROPIONATE, CORN FLOUR, WHEY, MONOGLYCERIDES, CALCIUM SULFATE, DIACETYL TARTARIC ACID ESTERS OF MONO AND DIGLYCERIDES, SOY FLOUR, L-CYSTEINE, MONOCALCIUM PHOSPHATE, ENZYMES, POTASSIUM BROMATE, ASCORBIC ACID, MONO AND DIGLYCERIDES, SOY LECITHIN, ENZYMES [WHEAT], SILICON DIOXIDE, WHEAT STARCH, PHOSPHORIC ACID, PROPIONIC ACID), GREEN LEAF LETTUCE, SALAMI (PORK, BEEF, SALT, DEXTROSE, LACTIC ACID STARTER CULTURE, SPICES, SODIUM ASCORBATE, GARLIC POWDER, SODIUM NITRITE, BHA, BHT, CITRIC ACID), PEPPERONI (PORK, BEEF, SALT, DEXTROSE, SPICES, LACTIC ACID STARTER CULTURE, OLEORESIN OF PAPRIKA, DEHYDRATED GARLIC, SODIUM NITRITE, BHA, BHT, CITRIC ACID), PROVOLONE CHEESE (PASTEURIZED MILK, CHEESE CULTURE, SALT, ENZYMES, NATURAL SMOKED FLAVOR). **CONTAINS: MILK, SOY, WHEAT**

Buffalo Chicken Wrap

GARLIC HERB TORTILLA (ENRICHED BLEACHED WHEAT FLOUR [FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID], WATER, VEGETABLE SHORTENING [INTERESTERIFIED SOYBEAN OIL, FULLY HYDROGENATED SOYBEAN OIL], CONTAINS 2% OR LESS OF THE FOLLOWING: ONION, GARLIC, SALT, MONO AND DIGLYCERIDES, LEAVENING [SODIUM BICARBONATE, CORN STARCH, SODIUM ALUMINUM SULFATE, SODIUM ALUMINUM PHOSPHATE], FUMARIC ACID, YEAST, PRESERVATIVES [CALCIUM PROPIONATE, POTASSIUM SORBATE], CARBOXYMETHYL CELLULOSE GUM, XANTHAN GUM, ENZYMES [WHEAT STARCH, MICROCRYSTALLINE CELLULOSE], DOUGH CONDITIONER [SODIUM METABISULFITE]), BUFFALO CHICKEN ROLLERBITE (CHICKEN, WATER, BREADING [ENRICHED AND BLEACHED ENRICHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), MODIFIED FOOD STARCH, SALT, DEXTRIN, WHEAT GLUTEN, SUGAR, YEAST, XANTHAN GUM, DEHYDRATED ONION, LEAVENING (SODIUM ACID PYROPHOSPHATE, SODIUM BICARBONATE, MONOCALCIUM PHOSPHATE), GUAR GUM, DEHYDRATED GARLIC, NATURAL FLAVOR, ASCORBIC ACID (DOUGH CONDITIONER), SPICE, SOYBEAN OIL], PASTEURIZED PROCESSED SWISS CHEESE [SWISS CHEESE (CULTURED MILK AND SKIM MILK, SALT, CHEESE CULTURES, ENZYMES), WATER, CREAM, SODIUM PHOSPHATE, ARTIFICIAL COLOR, MILK FAT, SALT, ENZYME MODIFIED SWISS CHEESE FLAVOR, SORBIC ACID (PRESERVATIVE)], SOYBEAN OIL, CAYENNE PEPPER PUREE [CAYENNE PEPPER, SALT, VINEGAR], MILK SOLIDS [MILK, WHEY], SEASONING [SOY PROTEIN ISOLATE, NONFAT MILK SOLIDS, SALT, HYDROLYZED SOY AND WHEAT PROTEIN, SODIUM PHOSPHATE, DEXTROSE, ONION POWDER, NATURAL FLAVOR], DISTILLED VINEGAR, SEASONING [SPICE, CITRIC ACID, GARLIC POWDER, POTASSIUM SORBATE, SODIUM BENZOATE, BUTTER FLAVOR (MALTODEXTRIN, MODIFIED FOOD STARCH, NATURAL FLAVOR [MILK]), MODIFIED CORN STARCH, NATURAL FLAVORS, SODIUM PHOSPHATE, EDIBLE ADHESIVE (CORN SYRUP SOLIDS, MODIFIED CORN STARCH, GUAR GUM), BUTTER FLAVOR (MALTODEXTRIN, MODIFIED FOOD STARCH, NATURAL FLAVOR [MILK]), XANTHAN GUM], POTASSIUM SORBATE AND SODIUM BENZOATE [PRESERVATIVES]), GREEN LEAF LETTUCE, MILD CHEDDAR CHEESE (PASTEURIZED MILK, CHEESE CULTURE, SALT, ENZYMES, ANNATTO [COLOR]). **CONTAINS: MILK, SOY, WHEAT**

Chicken Caesar Wrap

:GARLIC HERB TORTILLA (ENRICHED BLEACHED WHEAT FLOUR [FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID], WATER, VEGETABLE SHORTENING [INTERESTERIFIED SOYBEAN OIL, FULLY HYDROGENATED SOYBEAN OIL], CONTAINS 2% OR LESS OF THE FOLLOWING: ONION, GARLIC, SALT, MONO AND DIGLYCERIDES, LEAVENING [SODIUM BICARBONATE, CORN STARCH, SODIUM ALUMINUM SULFATE, SODIUM ALUMINUM PHOSPHATE], FUMARIC ACID, YEAST, PRESERVATIVES [CALCIUM PROPIONATE, POTASSIUM SORBATE], CARBOXYMETHYL CELLULOSE GUM, XANTHAN GUM, ENZYMES [WHEAT STARCH, MICROCRYSTALLINE CELLULOSE], DOUGH CONDITIONER [SODIUM METABISULFITE]), BREADED CHICKEN PATTY (CHICKEN BREAST WITH RIB MEAT, BLEACHED ENRICHED WHEAT FLOUR [WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID], WATER, SALT, FLAVOR, CORN STARCH, DEXTROSE, WHEAT FLOUR, YELLOW CORN FLOUR, LEAVENING [SODIUM BICARBONATE, SODIUM ALUMINUM PHOSPHATE, MONOCALCIUM PHOSPHATE], BUTTERMILK SOLIDS, SODIUM PHOSPHATE, GUAR GUM, METHYLCELLULOSE), GREEN LEAF LETTUCE, PARMESAN CHEESE (PASTEURIZED PART-SKIM MILK, CHEESE CULTURE, SALT, ENZYMES). **CONTAINS: MILK, WHEAT**

Double Ham Wrap

HAM (PORK CURED WITH: WATER, SUGAR, CONTAINS 2% OR LESS OF THE FOLLOWING: SALT, SODIUM LACTATE, SODIUM PHOSPHATE, CARRAGEENAN, SODIUM DIACETATE, SODIUM ERYTHORBATE, SODIUM NITRITE), GARLIC HERB TORTILLA (ENRICHED BLEACHED WHEAT FLOUR [FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID], WATER, VEGETABLE SHORTENING [INTERESTERIFIED SOYBEAN OIL, FULLY HYDROGENATED SOYBEAN OIL], CONTAINS 2% OR LESS OF THE FOLLOWING: ONION, GARLIC, SALT, MONO AND DIGLYCERIDES, LEAVENING [SODIUM BICARBONATE, CORN STARCH, SODIUM ALUMINUM SULFATE, SODIUM ALUMINUM PHOSPHATE], FUMARIC ACID, YEAST, PRESERVATIVES [CALCIUM PROPIONATE, POTASSIUM SORBATE], CARBOXYMETHYL CELLULOSE GUM, XANTHAN GUM, ENZYMES [WHEAT STARCH, MICROCRYSTALLINE CELLULOSE], DOUGH CONDITIONER [SODIUM METABISULFITE]), GREEN LEAF LETTUCE, MILD CHEDDAR CHEESE (PASTEURIZED MILK, CHEESE CULTURE, SALT, ENZYMES, ANNATTO [COLOR]). **CONTAINS: MILK. WHEAT**

Turkey, Bacon Club Wrap

GARLIC HERB TORTILLA (ENRICHED BLEACHED WHEAT FLOUR [FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID], WATER, VEGETABLE SHORTENING [INTERESTERIFIED SOYBEAN OIL, FULLY HYDROGENATED SOYBEAN OIL], CONTAINS 2% OR LESS OF THE FOLLOWING: ONION, GARLIC, SALT, MONO AND DIGLYCERIDES, LEAVENING [SODIUM BICARBONATE, CORN STARCH, SODIUM ALUMINUM SULFATE, SODIUM ALUMINUM PHOSPHATE], FUMARIC ACID, YEAST, PRESERVATIVES [CALCIUM PROPIONATE, POTASSIUM SORBATE], CARBOXYMETHYL CELLULOSE GUM, XANTHAN GUM, ENZYMES [WHEAT STARCH, MICROCRYSTALLINE CELLULOSE], DOUGH CONDITIONER [SODIUM METABISULFITE]), GREEN LEAF LETTUCE, TURKEY (TURKEY BREAST, TURKEY BROTH, CONTAINS 2% OR LESS OF THE FOLLOWING: DEXTROSE, SALT, SODIUM PHOSPHATE, BROWNED IN VEGETABLE OIL), MILD CHEDDAR CHEESE (PASTEURIZED MILK, CHEESE CULTURE, SALT, ENZYMES, ANNATTO [COLOR]), APPLEWOOD SMOKED BACON (PORK CURED WITH: WATER, SALT, SUGAR, SODIUM PHOSPHATES, SODIUM ERYTHORBATE, SODIUM NITRITE). **CONTAINS: MILK, WHEAT**